ALKBOROUGH FLATS - 3.25 MILES

> START At entrance to Julian's Bower on Back Lane, Alkborough, Dn15 9JN, grid reference SE8821.

- 1... Enter the gate for Julian's Bower and follow the footpath marked 'Permissive Footpath to Alkborough Flats'. This goes down a gully, through a kissing gate swinging left, then right down through two moe gates to reach a grit path.
- 2... Turn left, the grit surface soon runs out, becoming grass: follow the left hand edge, immediately after crossing a wide dyke bear left following the waymarks along the left hand field edge.
- 3... Go through a gate, over a bank, through another gate into a wide grit lane.
- 4... Turn right (the signpost indicates Trent Falls), later as the lane bends right through gates, proceed straight along a narrower track, going through a gate at the end.
- 5... Climb the riverbank, turn right along it; go through another kissing gate and continue to a signpost indicating Trent Falls 330 yards (straight on) and Alkborough 11/4 miles down to the right.
- 6... Turn right towards Alkborough, go through a gate onto a wide grit lane; follow this as it bends right and then left again, the tidal flats now on the left. Continue over the bank and up the hill on Prospect Lane.
- 7... Continue over the bank and up the hill on Prospect Lane.
- 8... Bend right to a road and bend right again on a grass path round the Church into Churchside, continue ahead past the Coronation Club to the start.
- TERRAIN The walk starts on a hilltop, descending on a good path that zigzags down to the level area of the flats. The paths are good and well signed, there are many kissing gates to negotiate, but they are roomy and well maintained. At the foot of the hill there is a car park, not that large: the surface of the road here is currently not good it improves markedly on the ascent of the hill. This is a single track and it is steep.
- ① TIME Allow at least 1½ hours at a leisurely pace.
- MAPS O.S. Explorer 281 Ancholme Valley. O.S. Explorer 291 Goole and Gilberdyke. The current O.S. maps do not show the re-aligned Alkborough Flats. Map leaflets are available at the Paddock Tea Rooms.

